

BNYS Research Contributions

(between year 2016 to 2025)

Total Publications: 562

Over the past decade, the field of Naturopathy and Yoga has witnessed a significant growth in academic and clinical interest, with increasing contributions from professionals trained in the Bachelor of Naturopathy and Yogic Sciences (BNYS) program. BNYS doctors are uniquely trained in both traditional naturopathic principles and modern biomedical sciences, positioning them as key contributors to integrative and preventive healthcare research in India and globally.

This study presents an overview of research contributions made by BNYS doctors between 2015 and 2025. The data compiled for this review has been drawn from a range of reputable sources, including ResearchGate, PubMed, Google Scholar, and direct collection through institutional repositories and professional networks. While the numbers reported here are approximate, they offer valuable insights into the evolving research landscape shaped by BNYS professionals.

The objective of this compilation is to assess the scope, scale, and thematic diversity of research undertaken by BNYS graduates, thereby highlighting their role in evidence generation for naturopathic and yogic practices.

This overview will serve not only as a repository of knowledge but also as a foundation for evaluating the growth of naturopathy and yoga research in India, particularly from the lens of formally trained BNYS practitioners. By tracing their scholarly footprint over a decade, the study contributes to ongoing efforts to strengthen scientific inquiry and integration of traditional systems in mainstream health research.

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